



**JD·SWEID**  
**FOODS**  
FUNDRAISING

# product information

Sept. 2020 to Aug. 2021 Fundraising Season



## Boneless Chicken Breasts

Our highest quality Elmira Select Boneless Breast now has reduced sodium and comes in a larger 3kg box.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein
100 g	80	1 g	0 g	0 g	40 mg	460 mg	0 g	17 g

Product Number: **3295609** Fundraising Selling Price: **\$38.00** Pack Size: **3.0 kg**  
**Approximately 15 breasts**



## Quik Strips™

Oven roasted and fully cooked, our 100% breast meat strips are a delicious addition to a stirfry, salads, wraps, pastas... the options are endless. Now with a new taste!

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein
100 g	110	1.5 g	0.4 g	0 g	50 mg	420 mg	2 g	22 g

Product Number: **6905605** Fundraising Selling Price: **\$35.00** Pack Size: **2.00 kg**



## Fully Cooked Mild Spicy Breaded Chicken Bites

Juicy, boneless breast meat bites in a deliciously seasoned crumb coating; perfect plain, dipped or sauced.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein
100 g	160	2 g	1 g	0 g	35 mg	800 mg	19 g	13 g

Product Number: **6325601** Fundraising Selling Price: **\$26.00** Pack Size: **2.00 kg**  
**Approximately 55-70 pieces**



## Tender L'Oven Chicken Strips

An all time favourite... our whole tenderloin, lightly breaded and ready to cook in your oven! Serve with your favourite tasty sauce.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein
100 g	180	5 g	0.5 g	0 g	30 mg	470 mg	21 g	13 g

Product Number: **4325603** Fundraising Selling Price: **\$28.00** Pack size: **2.00 kg**  
**Approximately 40-45 pieces**



## Spicy Breaded Chicken Breasts

Tender sliced whole breast portions lightly breaded in a spicy coating. Great on a sandwich or as a satisfying entrée with a salad or vegetables.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein
100 g	180	5 g	0.5 g	0 g	40 mg	420 mg	19 g	15 g

Product Number: **4305602** Fundraising Selling Price: **\$30.00** Pack Size: **2.00 kg**  
**Approximately 15 breasts**



## Fully Cooked Breaded Chicken Burgers

Breaded and fully cooked 100% breast meat chicken burgers now almost TWICE the size. Take a big bite out of a favourite meal everyone will love.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein
126 g	250	11 g	2.5 g	0.2 g	50 mg	630 mg	24 g	14 g

Product Number: **6345603** Fundraising Selling Price: **\$27.00** Pack Size: **2.5 kg**  
**Approx 20 burgers**



## JDS Classic Choice Beef Burgers

Satisfy your hunger and sink your teeth into our 5.3oz tender, juicy and delicious Classic Choice Beef Burger. Perfect for grilling it can be dressed up just the way you like it.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein
150 g	380	27 g	13 g	1 g	115 mg	680 mg	13 g	22 g

Product Number: **1030196** Fundraising Selling Price: **\$38.00** Pack Size: **4.54 kg**  
**30 patties**

**Allergens:** E = Eggs, G = Gluten, M = Milk Ingredients, S = Soy, Su = Sulphites, W = Wheat, MU = Mustard

**Allergen Statement:** All products are produced in a facility that handles the above allergens and labels may include a 'may contain statement' as a declaration.



## Bacon & Cheddar Grillers - Unbreaded Stuffed Chicken Breasts

Our delicious chicken breast glazed and stuffed with a blend of cheddar cheese and bacon. Perfect for the grill or baked in the oven.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein
170 g	240 g	10 g	4.5 g	0.2 mg	95 mg	720 g	4 g	31 g

Product Number: **3415601** Fundraising Selling Price: **\$27.00** Pack Size: **1.36 kg**  
**Approximately 8 pieces**



## Breaded Stuffed Breast Chicken Divan

Tender, juicy all white boneless breast meat filled with broccoli florets and a blend of Cheddar and Mozzarella cheeses; coated in a light, crisp breading. This popular filling is sure to please everyone.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein
113 g	210	10g	10g	0.2 g	40 mg	480mg	15 g	14 g

Product Number: **4395604** Fundraising Selling Price: **\$24.00** Pack Size: **1.36 kg**  
**12 portions**



## Breaded Stuffed Breast Chicken Cordon

Tender, juicy all white boneless breast meat filled with processed Swiss cheese and ham; coated in a light, crisp breading. Make this part of your meal today!

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein
113 g	220	10 g	3 g	0.1 g	45 mg	760 mg	14 g	17 g

Product Number: **4395602** Fundraising Selling Price: **\$24.00** Pack Size: **1.36 kg**  
**12 portions**



## Breaded Chicken Parmesan

Seasoned 100% white breast meat, formed and layered with real Mozzarella cheese and a blend of pasta sauce, Romano and Parmesan cheeses, coated in a light, crisp breading.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein
150 g	330	17 g	4 g	0.3 g	35 mg	700mg	27 g	17 g

Product Number: **4395600** Fundraising Selling Price: **\$35.00** Pack Size: **2.70 kg**  
**18 portions**



## Sweet & Savory Rotisserie Style Chicken Pieces

Unbreaded chicken pieces glazed and seasoned with a sweet and smokey rub. Perfect for cooking in the oven or on the grill.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein
100 g	160	10 g	3g	0.1 g	50 mg	950 mg	2 g	13 g

Product Number: **6365611** Fundraising Selling Price: **\$30.00** Pack Size: **2 chickens**  
**18 Pieces**



## Mild Breaded Chicken Wings

Breaded, seasoned and fully cooked wings can be enjoyed plain or dressed with your favourite sauce to suit everyone's tastes.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein
100 g	250	14 g	3 g	0.1 g	75 mg	670 mg	16 g	15 g

Product Number: **6215601** Fundraising Selling Price: **\$30.00** Pack Size: **2.00 kg**  
**Approximately 40 wings**



## Fully Cooked Turkey Sausage

Our turkey sausage is juicy and full of flavour. They are great for any meal prepared in the oven, stove top or grill!

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein
100 g	140	7 g	2.0 g	0.1g	70 mg	470 mg	4 g	16 g

Product Number: **6425600** Fundraising Selling Price: **\$30.00** Pack Size: **2.00 kg**

For specific ingredient information please don't hesitate to call: 1-800-663-5694.

# sell sheet



**Delivery Date:** \_\_\_\_\_ **Where:** \_\_\_\_\_ **Time:** \_\_\_\_\_