

product information Sept. 2020 to Aug. 2021 Fundraising Season



Boneless Chicken Breasts

Our highest quality Elmira Select Boneless Breast now has reduced sodium and comes in a larger 3kg box.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein		
100 g	80	1 g	0 g	0 g	40 mg	460 mg	0 g	17 g		
Product Number: 3295609 Fundraising Selling Price: \$3800 Pack Size: 3.0 kg Approximately 15 breasts										



Ouik Strips™ s

Oven roasted and fully cooked, our 100% breast meat strips are a delicious addition to a stirfry, salads, wraps, pastas... the options are endless. Now with a new taste!

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein	
100 g	110	1.5 g	0.4 g	0 g	50 mg	420 mg	2 g	22 g	
Product Num	ber: 6905	605	Fund	lraising	Selling Price	: \$35.00	Pa	ck Size: 2	.00 kg



Fully Cooked Mild Spicy Breaded Chicken Bites GMSW

Juicy, boneless breast meat bites in a deliciously seasoned crumb coating; perfect plain, dipped or

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein				
100 g	160	2g	1g	0 g	35 mg	800 mg	19 g	13 g				
Product Num			Fund	lraising	Selling Price	: \$26.00	Pa	ack Size: 2.0				
Approximately 55-70 pieces												



Tender L'Oven Chicken Strips GSW

An all time favourite... our whole tenderloin, lightly breaded and ready to cook in your oven!

Serve with your lavourite tasty sauce.												
Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein				
100 g	180	5 g	0.5 g	0 g	30 mg	470 mg	21 g	13 g				
Product Number: 4325603 Fundraising Selling Price: \$28.00 Pack size: 2.00 kg												
Approximately 40-45 pieces												



Tender sliced whole breast portions lightly breaded in a spicy coating. Great on a sandwich or as a satisfying entrée with a salad or vegetables.

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Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein			
100 g	180	5 g	0.5 g	0 g	40 mg	420 mg	19 g	15 g			
Product Num	ber: 4305	502	Fund	lraising	Selling Price	: \$30.00	Pa	ck Size: 2.	.00 kg		
Approximately 15 breasts											



Fully Cooked Breaded Chicken Burgers GSW

Breaded and fully cooked 100% breast meat chicken burgers now almost TWICE the size. Take a big bite out of a favourite meal everyone will love.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein	
126 g	250	11 g	2.5 g	0.2 g	50 mg	630 mg	24g	14 g	
Product Num Approx 20 bu		603	Fund	Iraising	Selling Price	e: \$27.00	Pa	ck Size: 2.	.5 kg



JDS Classic Choice Beef Burgers s MU

Satisfy your hunger and sink your teeth into our 5.3oz tender, juicy and delicious Classic Choice Beef Burger. Perfect for grilling it can be dressed up just the way you like it.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein	
150 g	380	27 g	13 g	1 g	115 mg	680 mg	13 g	22 g	
Product Num	ber: 1030	196	Fund	lraising	Selling Price	: \$38.00	Pa	ck Size: 4	.54 kg
30 patties									



Bacon & Cheddar Grillers - Unbreaded Stuffed Chicken Breasts MS

Our delicious chicken breast glazed and stuffed with a blend of cheddar cheese and bacon. Perfect for the grill or baked in the oven.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein	
170 g	240 g	10 g	4.5 g	0.2 mg	95 mg	720 g	4 g	31 g	
Product Nur Approximat			Fund	draising	Selling Price	: \$27.00	Pa	ck Size: 1.	36 kg



Breaded Stuffed Breast Chicken Divan GMSW

Tender, juicy all white boneless breast meat filled with broccoli florets and a blend of Cheddar and Mozzarella cheeses; coated in a light, crisp breading. This popular filling is sure to please everyone.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein	
113 g	210	10g	10 g	0.2 g	40 mg	480 mg	15 g	14 g	
Product Num	ber: 4395	604	Fund	Iraising	Selling Price	: \$24.00		Pack Size	: 1.36 kg



Breaded Stuffed Breast Chicken Cordon GMSW

Tender, juicy all white boneless breast meat filled with processed Swiss cheese and ham; coated in a light, crisp breading. Make this part of your meal today!

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein	
113 g	220	10 g	3 g	0.1 g	45 mg	760 mg	14 g	17 g	
Product Num	ber: 4395	602	Func	lraising	Selling Price	: \$24.00		Pack Size	: 1.36 kg



Breaded Chicken Parmesan GMSW

Seasoned 100% white breast meat, formed and layered with real Mozzarella cheese and a blend of pasta sauce, Romano and Parmesan cheeses, coated in a light, crisp breading.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein
150 g	330	17 g	4 g	0.3 g	35 mg	700 mg	27 g	17 g
roduct Num	ber: 4395	600	Func	Iraising	g Selling Price	: \$35.00	Pa	ck Size: 2
8 portions								



Sweet & Savory Rotisserie Style Chicken Pieces swg

Unbreaded chicken pieces glazed and seasoned with a sweet and smokey rub. Perfect for cooking in the oven or on the grill.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein	
100 g	160	10 g	3g	0.1 g	50 mg	950 mg	2 g	13 g	
Product Num	ber: 6365	611	Fund	lraising	Selling Price	: \$30.00	Pa	ıck Size: 2	chickens



Mild Breaded Chicken Wings GWS

Breaded, seasoned and fully cooked wings can be enjoyed plain or dressed with your favourite sauce to suit everyones tastes.

	Serving Size Calories Fat		Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein		
Γ	100 g 250 14 g		3 g	g 0.1 g 75		5 mg 670 mg		15 g		
	Product Num Approximate			Fund	Iraising	Selling Price	: \$30.00	Pa	ck Size: 2.	.00 kg



Our turkey sausage is juicy and full of flavour. They are great for any meal prepared in the oven, stove top or grill!

Serving Size	Serving Size Calories		Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein	
100 g	140	7 g	2.0 g 0.1 g 70 mg 470 m		470 mg	4 g	16 g		
Product Num	ber: 6425	600	Fund	lraising	Selling Price	Pa	ck Size: 2.	.00 kg	

Allergens: E = Eggs, G = Gluten, M = Milk Ingredients, S = Soy, Su = Sulphites, W = Wheat, MU = MustardAllergen Statement: All products are produced in a facility that handles the above allergens and labels may include a 'may contain statement' as a declaration.

For specific ingredient information please don't hesitate to call: 1-800-663-5694.

Time: ___



Fundraiser Salesperson:	
Phone Number:	_ Salesperson's email
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Collect orders	from	supporters
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Delivery Date: _____

Collect orders	orters illa	ke enequ	ics payabi	c to	Organizer or Organization (not JD Sweid Foods)											
Supporter Name & Phone Number	3295609 Boneless Chicken Breasts \$38	3415601 Unbreaded Bacon & Cheddar Grillers \$27	FC Mild	4325603 Tender L'Oven Strips \$28	4305602 Spicy Breaded Chicken Breasts \$30	6345603 Fully Cooked Breaded Chicken Burgers \$27	Breaded Chicken	4395604 Breaded Chicken Divan \$24	4395600 Breaded Chicken Parmesan \$35	6905605 Quik Strips**	6365611 Rotisserie Style Chicken Pieces \$30	6215601 Fully Cooked Mild Breaded Chicken Wing: \$30	JDS Classic Choice Beef	6425600 Fully Cooked Turkey Sausage \$30	✓ Paid	Total Dollars
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Where: ____